



Sugar Grove Life Groups Is God Making You Uncomfortable?

This curriculum will explore the book of Exodus and the Israelites as they leave Egypt and head towards the promised land. In so many ways the story of the Exodus is our story– a community of God’s people who help and encourage each other on a difficult journey to a promised land that they have never seen. Your group will enjoy this material because God has much to teach us through the Exodus story about what it means to be the community of Christ.

Healthy Groups Keep A Balance In What They Do: Spend equal amounts of time connecting with each other (Fellowship), prayer and sharing how God is working in your life (Worship), growing in your faith through study and discussion (Discipleship), serving others both inside and outside your group (Ministry), and reaching out to those around with the message of Jesus Christ (Evangelism).

PREPARE:

- ⊙ How are you doing? Catch us up on your life. What has been a high and a low in your life since this group last met? How have you seen God work in your life since this group last met?
- ⊙ Have you had something that you really should do but have really not wanted to do lately? What? Why?

GROW:

- ⊙ It has been 430 years since God appeared to anyone in Israel. Needless to say Moses, who has broken this 430 year span with God appearing to him in the burning bush, is struggling with the idea that he needs to go and tell Pharaoh about God’s plans to deliver the Israelites from Egypt.
- ⊙ **Read Exodus 4:1-3**
- ⊙ Moses jumping and running to get away from the snake had to have been a humorous scene! Do you think God might have chuckled for a moment at Moses reaction? 😊
- ⊙ God made Moses very uncomfortable. He asked Moses to go tell the most powerful person in the world to release the foundation of Egypt’s economic prosperity– the slaves. And then he scared Moses with a snake! Why did God make Moses uncomfortable? Shouldn’t God work to keep us happy and comfortable?
- ⊙ What does discomfort produce in a person?
- ⊙ Is being a comfortable a good thing or a bad thing or?...
- ⊙ **Read Exodus 4:4-9**
- ⊙ God needed Moses to help Pharaoh believe. Does God need us today to help others believe? Why? How?





- ⊙ **Read Exodus 4:10-17**
- ⊙ Even after God helped reassure Moses that everything would work when he spoke to Pharaoh, Moses still kept finding excuses for why he could not do what God asked him to do. Why was Moses looking for a way out? Was it a lack of confidence? Was it a lack of faith? Or what?
- ⊙ What did God mean in 4:11-12?
- ⊙ Did God make your hands, your feet, your mouth, your mind? What does that tell you about how God desires to use you?

- ⊙ **Serving and Sharing**
 - ⇒ How have you allowed God to use you to serve others recently?
 - ⇒ How have you allowed God to use you to share the message of Jesus Christ recently?
 - ⇒ How have you imitated Moses and resisted allowing God to use you to serve others recently?
 - ⇒ How have you imitated Moses and resisted allowing God to use you to share the message of Jesus Christ recently?

PRAYER:

- ⊙ Have your group's prayer coordinator close your group time in the throne room of God.
- ⊙ Consider praying in one the following ways:
 - ⇒ Go around the circle and have each person pray what is on their heart.
 - ⇒ Break into small groups and spend time letting each group share deeper and then close with prayer.
 - ⇒ Go around the circle and lift the person on your left up in prayer.
 - ⇒ Place someone in the middle of the circle who has special prayer needs. Have everyone place their hands upon them and lift that person up in prayer.
 - ⇒ If your group has children let the adults pray together and then bring the children into the group so that the adults can circle around them and pray.
 - ⇒ Everyone get down on their knees and earnestly lift your requests to God.
 - ⇒ Sing a song of prayer to God.
 - ⇒ Let the women of the group pray for the men and then let the men of the group pray for the women.
 - ⇒ Spend an extended amount of time at the beginning of your group time after you have shared with each other how things are going in your life.